

# Watch Words

Donald W. Ingwerson,  
Committee on Publication

## On the Cusp of a Revolutionary Paradigm Shift

by Don Ingwerson

Many years ago my wife and I began taking the time to study and pray at a local restaurant, where we would not be interrupted by our phones ringing, and we've continued this practice. For us this time is absolute heaven. Some curious patrons have asked what we are doing. While some say they approve of prayer and wish us well, I don't think most of these people have any idea that we're not just petitioning a God who may or may not answer our prayers of gratitude and appreciation, but instead are praying to a God who created us in His image and likeness.

Whoops. I need to stop right there! I just crossed a line of great debate – the divide between materiality and spirituality.

There's a strong belief that substance, including the substance of our bodies, is only material. However, today many scientists have proof that the body or materiality is not the solid, objective substance that it seems, but is directly related to thought. We're on the cusp of a major paradigm shift – as to what really makes up matter or substance. This paradigm shift is even more revolutionary than the one that occurred when the earth was found to be round, not flat. And it took centuries for that concept to be accepted and understood. Dr. Irving Oye states, "There is nothing out there. It's all happening on the back of your eyeballs." What I understand this to mean is that thoughts, beliefs, suggestions, and opinions all affect how we experience reality.

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## ACTIVITY

### Published Articles

- ▶ *On the Cusp of a Revolutionary Paradigm Shift* – Aliso Laguna News, Laguna Beach Patch

### Media Visits

- ▶ Lilia O'Hara – Enlace/UT San Diego
- ▶ Lora Cicalo, Managing Editor – UT San Diego
- ▶ Susan DeMaggio, Editor – La Jolla Light

### Financial Support Committee

A special thanks to the readers who are serving on the Financial Support Committee for 2017-2018. They met on March 25th to review the Committee's activities and budget for the coming year.

### Manager's Message

Missed reading the Manager's Message? You can find Rich Evans', Manager, Committees on Publication, message in the March 2017 *Watch Words*. Look for the tab "Newsletter" at [csinsocal.com](http://csinsocal.com).



**PLEASE DUPLICATE WATCHWORDS AND SHARE WITH YOUR MEMBERS**

465 Forest Avenue, Suite J • Laguna Beach, CA 92651 • 949.494.5071  
[CaliforniaS@compub.org](mailto:CaliforniaS@compub.org) • [www.csinsocal.com](http://www.csinsocal.com) • [www.Twitter.com/SCalCS](http://www.Twitter.com/SCalCS)

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This is not to say that we create reality. According to cognitive scientist Donald Hoffman from the University of California, Irvine, what we see around us is a facade of a far more complex matrix than humans are able to grasp. Dr. Bran O’Leary, a physicist-astronaut who was on the moon, once said, “We are living through a change, equivalent to the time when life first crawled out of the water on to dry land.” Theoretical physicist Micio Kaku concluded, “...we are in a world made by rules created by an intelligence... To me, that universal intelligence is God.” These scientists and others say the body is greatly influenced by thoughts coming from outside the brain – from a spiritual source, which I call God. They generally agree that the brain is influenced by something they can’t quite define. So it gets called “consciousness” – both individual and universal. This is why I spend so much time studying how man relates to God, the Creator of man and the universe. I want to better understand the essence of spiritual reality.

Many others are searching for answers to questions about man’s existence and the reality we live in. A very promising aspect of this is that many physicians are also realizing that thought is key to how reality is experienced, and this has positive ramifications for health.

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Mary Baker Eddy set the stage for a new view of reality when she discovered and founded Christian Science and explained, “Christian Science deals wholly with the mental cause in judging and destroying disease.” If it’s true that my experience is directly related to my thoughts and beliefs, isn’t it reasonable to conclude that if I pray to understand that God is all and is all good, what is real to me will reflect the power and perfection of that infinite goodness?

Jesus refuted the theories of his day that implied God was a cold, impersonal, and distant Deity who was of no help to man in sickness. His three-year ministry became an inspirational beacon for Christianity in the world. He taught that all power was in God and that there wasn’t anything real that was separate from God. This understanding enabled him to heal people instantaneously.

Eddy wrote in her seminal work, *Science and Health with Key to the Scriptures*, “The depth, breadth, height, might, majesty, and glory of infinite Love fill all space.” I find as I pray to understanding this all-encompassing, healing Love as the spiritual reality of the universe, the result is healing – for myself and others. And this is indeed a paradigm shift in how to think about reality.

## REACHING OUT TO THE COMMUNITY

### **Redlands – Assistant Committee Joan Clark**

On March 23, 2017, the Redlands Daily Facts published Joan Clark’s article [Remembering the legacy of Mary Baker Eddy, founder of Christian Science](#). Joan wrote “Mary Baker Eddy was a 19th century spiritual thinker and healer who defied the limitations placed on the women of her day. She is best known for founding a religion that offers a wholly spiritual approach to health care known as Christian Science. In honor of National Women’s History Month, it is time to look again at the life of this remarkable woman...”

### **Santa Barbara – Assistant Committee Lani Collins**

Marilyn Kellar reported that in January radio station KVTA 1590 featured The Mapparium, an exhibit at The Mary Baker Eddy Library in Boston, Massachusetts, on its travel show. The Mapparium is a three story tall globe made of stained glass that is viewed from a 30 foot long bridge through its interior.

**MORE REACHING OUT TO THE COMMUNITY****Chula Vista – Assistant Committee Randal Craft**

First Church of Christ, Scientist, Chula Vista recently hosted a fellowship potluck gathering with another local Christian congregation that shares our worship edifice with us on Sundays. It was a very meaningful event as our two congregations "broke bread" together and shared this time of fellowship in the Christ spirit. We found that a mutual love of the Christ bridges what are considered to be theological differences and so can help to unite Christians of differing religious backgrounds. It was a moving experience and we all look forward to undertaking similar events in the future.

**CHURCH WORKSHOPS**

These workshops for our Bible-based religion are a great way to practice our communication skills, exchange ideas, and support each other in our ongoing quest to be better communicators. The workshop covers correcting impositions in regard to Christian Science in the topics of health, theology, and matter-based science.



Have your assistant committee contact me if your branch church or society would like to host a workshop in 2017.

*Check with church for time before attending.*

First Church, Manhattan Beach  
1130 Manhattan Beach Blvd  
**Saturday, July 15th**

Second Church, Newport Beach  
3100 Pacific View Dr., Corona del Mar  
**TBD**

Twenty-eighth Church, Los Angeles  
1018 Hilgard Avenue  
**Saturday, October 28th**

*It shall be the duty of the Committee on Publication to correct in a Christian manner impositions on the public in regard to Christian Science, injustices done Mrs. Eddy or members of this Church by the daily press, by periodicals or circulated literature of any sort. This Committee on Publication shall be responsible for correcting or having corrected a false newspaper article which has not been replied to by other Scientists, or which has been forwarded to this Committee for the purpose of having him reply to it.*

Article XXXIII, Section 2, Church Manual of The First Church of Christ, Scientist