

Watch Words

Donald W. Ingwerson,
Committee on Publication

Manager's Message

The chapter in *Science and Health with Key to the Scriptures* entitled, "Science, Theology, Medicine" begins with two Scriptural preludes. The second one is Jesus' remark in regard to leaven: "The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened". With this in mind, I have asked Committees worldwide to broaden the subjects to which we can address our sincere metaphysical thought and clear writing and speaking.

The primary, if not the only, subject has been the imposition that health is in matter and its remedy must be found there, as well. We have been working to lessen the public dependence on this belief by gently introducing the uniqueness of Christian Science to obviate it. Now, additionally, the impositions arising from false theology and from matter-based science have appeared as ripe opportunities for corrective thought and action.

Manager's Message continued on page 2

New focus for corrective writing

As you may have noticed, our writing focus, under the direction of Rich Evans, Manager of Committees on Publication, has broadened to include topics outside the Christian Science perspective of mental and physical health. As we reach out to our assistants for their blogging input, it will be helpful to keep in mind these other "healthy" corrective discussions. Thanks for your continued support!

ACTIVITY

Published Articles

- ▶ *Try falling in love with God on Valentine's Day* – Daily Pilot (LA Times)
- ▶ *On Valentine's Day, Remember God is Love* – Redlands Daily News
- ▶ *The Real Deal on Valentine's Day!* – Aliso Laguna News, Laguna Beach Patch, San Gabriel Valley Examiner, Laguna Beach Independent
- ▶ *Letter to the Editor* – Pasadena Independent

Media Contacts

- ▶ John Canalis – Daily Pilot (LA Times)
- ▶ Toni Momberger – Redlands Daily Facts
- ▶ Inday Moses – San Gabriel Valley Examiner
- ▶ Susan Espenschied – Aliso Laguna News
- ▶ Penny Arevalo – Long Beach Press Telegram
- ▶ Terry Miller – Pasadena Independent
- ▶ Andrea Adelson – Laguna Beach Independent
- ▶ Cash Peters – The Life Quiz
- ▶ Carlos Vazquez – Therapy Cable

Other

- ▶ Attended An Evening with Deepak Chopra & Eckhart Tolle in Los Angeles – *Awaking to a Higher Consciousness*
- ▶ Radio Interview with Cash Peters of The Life Quiz
- ▶ Video Interview with Carlos Vazquez of Therapy Cable

Legislation

- ▶ Trip to Sacramento to visit with members of the Health Department re SB 277

PLEASE DUPLICATE WATCHWORDS AND SHARE WITH YOUR MEMBERS

Manager's Message continued from page 1

Leavening thought is our work. The effects of that leaven may not be seen in the number of hits to our website, or the comments, or any other contemporaneous stats. But if placed in public thought by the quiet power that comes from loving our neighbor, the effects cannot be thwarted. We measure our leaven carefully and place it with diligence and buoyancy, and then trust its impact to Love's fulfillment.

Part of this leavening work also includes you, the "other Scientists" Mrs. Eddy speaks of on page

98 of the Church Manual. We want every follower of this Cause to be included in what Committees are doing and to be given the opportunity for prayerful engagement. With your support, the Committee writing and outreach to the public will have a stronger foundation.

With gratitude,

Rich Evans

Manager, Committees on Publication

COMMITTEE ACTIVITIES FOR MARCH

- ▶ Attending "Caring for the Human Spirit Conference" to explore research and clinical advances on integration spiritual care in healthcare in San Diego
- ▶ Speaking about Christian Science at the Newport Mesa Irvine Interfaith luncheon with fellow Christian Scientists George Birdsong and Noie LaRue

CHURCH WORKSHOPS

Many people are seeking answers to their health problems and as Christian Scientists, what we have to contribute is vital to this discussion and is a natural outcome of the healings we've experienced. Speaking from our own experiences - concisely and without jargon - is one of the most effective ways of sharing how Christian Science has benefited our lives.

The workshop is a great way to practice our communication skills, exchange ideas, and support each other in our ongoing quest to be better communicators. The topic of these workshops cover correcting impositions regarding health, false theology and from matter-based science.

Have your assistant committee contact me if your branch church or society would like to host a workshop in 2016.

Check with church for time before attending

First Church, Covina
238 N Citrus Ave., Covina
TBD

Third Church, Glendale
2406 Honolulu Ave., Montrose
Monday, April 18th at 7:30 p.m.

Thirteenth Church, Los Angeles
1776 N. Vermont Ave., LA
Sunday, April 24th at 11:15 a.m.



My Valentine's Day article was circulated in quite a number of venues, but the ideas are just as significant now as on that one special day. So I thought I would share it here in the WatchWords.

The Real Deal on Valentine's Day

by Don Ingwerson

Valentine's Day comes and goes with a flurry of cards, flowers, chocolates, and jewelry.

But is that all there is to love?

Of course not! Sure, these all are all sweet symbols designed to express our love. But our hearts hunger for more depth. Instead we are bombarded with product advertisements that only superficially echo the true nature of our love and support for colleagues, friends, and family.

But Valentine's Day should – and does – offer us an opportunity to reflect on something more than just a one-dimensional celebration of the power of love.

After all, love has so many dimensions. For instance, what about the love that heals?

Valentine article continued from page 1

Years ago I had the privilege of serving as a prison chaplain and so I'm always heartened to hear prison chaplain stories and the different ways this work serves to address some basic human needs. Beyond the clothing, food, or shelter, that inmates need, this chaplaincy work supplies them with a spiritual connection that can help them find new meaning in life through this love. And that's also what happened to both prisoners and distressed dogs who were videotaped being

brought together in a program called [Dogs on the Inside](#). The effect on both the mistreated and homeless dogs and the distrustful prisoners was amazing. Dogs and inmates were able to learn to trust and overcome past experiences, and when they did so their demeanor and behavior noticeably softened and changed.

There – in prison – the healing and transforming power of love was found.

This power of love has a surprising connection to the world of science. Most view science as analytical answers and measurable facts, while love's power is by its very nature intangible and unquantifiable. But this doesn't stop scientists from attempting to quantify and analyze the power of love. Going all the way back to the Bible, love has been and continues to be a force for good and a way for humanity to draw closer to God.

This echoes a powerful idea clarified by Mary Baker Eddy, author of a time-tested book on prayer-based healing, *Science and Health with Key to the Scriptures*, and founder of Christian Science: "God is Love. More than this we cannot ask, higher we cannot look, farther we cannot go."

Everyone benefits if we approach the idea of love – including this day of love – with a more spiritual sense of what it means to care. There will be more harmony and more joy as a result. Because Love is God it is the most potent force on earth. Divine Love is more powerful than every kind of "prison sentence" that anyone may find themselves in.

What a healing gift to give to yourself and all you meet this Valentine's Day and every day of the year!

It shall be the duty of the Committee on Publication to correct in a Christian manner impositions on the public in regard to Christian Science, injustices done Mrs. Eddy or members of this Church by the daily press, by periodicals or circulated literature of any sort. This Committee on Publication shall be responsible for correcting or having corrected a false newspaper article which has not been replied to by other Scientists, or which has been forwarded to this Committee for the purpose of having him reply to it.

Article XXXIII, Section 2, Church Manual of The First Church of Christ, Scientist

Corrective published February 4, 2016 in the Pasadena Independent

Dear Editor:

I noted in the Letters to the Editor that Chris Anthony was most outspoken about Clairbourn School and Christian Science. I can appreciate Mr. Anthony's desire to share his thoughts. I, too, have had the opportunity to be familiar with students, staff, and parents for over 20 years at the Clairbourn School — when I was the Los Angeles County Superintendent of Schools, I was honored to be one of their commencement speakers.

Mr. Anthony's comments about Christian Science are not consistent with the practice of Christian Science. Christian Science is not a cult and does not fit the definition of a cult. Every Christian Scientist makes their own health decisions as they see fit. I do believe that most Christian Scientists, if they had a health situation, would pray first, but what steps individual Scientist's take in treating a health condition is their personal decision—as it is yours.

Christian Science is a Bible based religion based on the healing works of Christ Jesus. However, it is not a faith based religion, several of which have been in the news over the past few years.

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